



University of New Hampshire  
College of Health and Human Services

# FY23 ANNUAL REPORT

July 1, 2022 - June 30, 2023



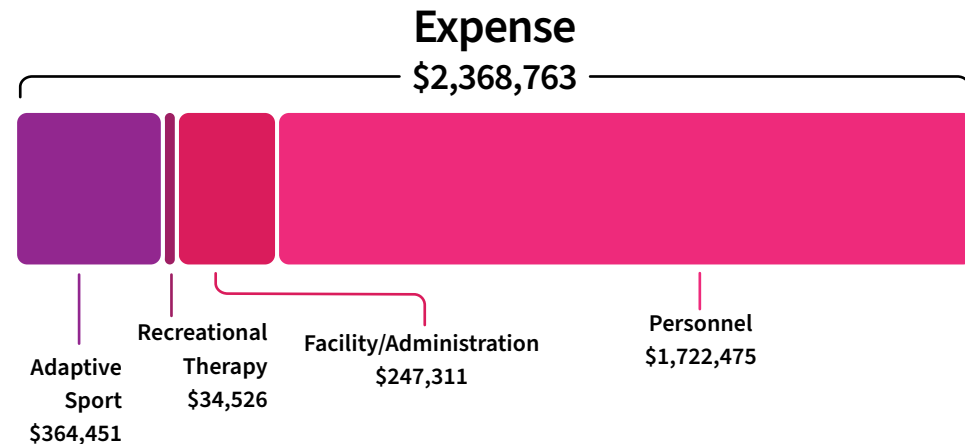
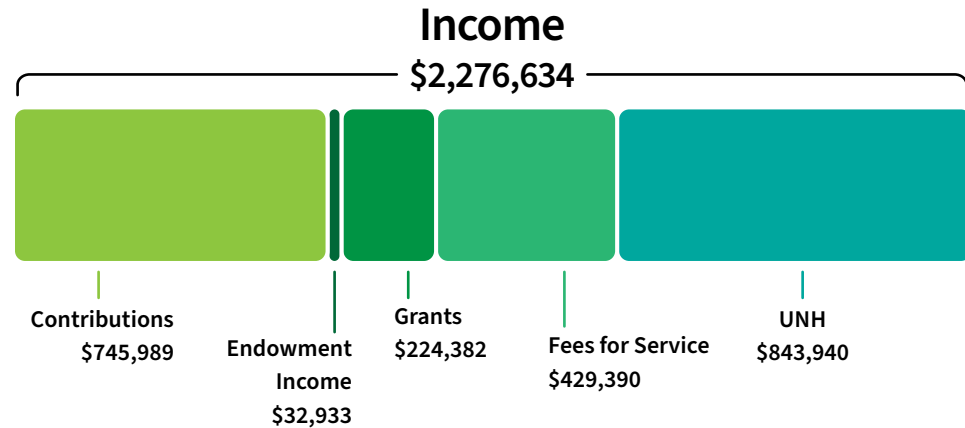


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# FY23 FINANCIALS



## Endowment Funds Market Value (12/31/2018)

Kennett & Patricia Kendall Endowment	60,637
Keough Northeast Passage Fund	62,040
Northeast Passage Athletic Excellence Scholarship Fund	52,331
Taylor Bent Chase '11 Fund for Athlete Development	89,692
John Smith 50' Northeast Passage Fund	380,220
Gravink Family Fund	57,886
<b>TOTAL</b>	<b>\$702,806</b>

## Balance forward from FY 22

Restricted Fund Balance	814,268
Unrestricted Fund Balance	393,981
<b>TOTAL</b>	<b>\$1,208,249</b>

## Balance Forward to FY 24

Restricted Fund Balance	600,053
Unrestricted Fund Balance	516,067
<b>TOTAL</b>	<b>\$1,116,120</b>





## FY23 IMPACT

**7,965** individuals reached

**88,244** miles traveled

**1,699**..... clinical visits

**411**... adaptive sports & recreation events

**112**..... academic & outreach events

## OUR MISSION

To empower people living with disabilities, both visible and invisible, to define, pursue and achieve whole life health, community engagement and fulfillment through the purposeful use of sports and recreation involvement; To develop and promote best practices in the fields of Therapeutic Recreation and Adaptive Sports.



# RECREATIONAL THERAPY (COMMUNITY-BASED)

Northeast Passage (NEP) Community-Based Recreational Therapy (C-BRT) services support the health and wellbeing of individuals with a variety of disabilities and health conditions. Our nationally certified and NH licensed recreational therapists (CTRS/L) work individually with clients in their home communities facilitating 1:1 strengths-based RT interventions designed to be meaningful, personally relevant and sustainable.

**26 individuals Served**  
**277 visits**  
**418 treatment hours**



“

**Because of your program my world is larger with more to explore. I feel more confident with additional resources. I feel more confident in moving about.**



## RECREATIONAL THERAPY (SCHOOL-BASED)

Northeast Passage's School Based Recreational Therapy program TREK (Therapeutic Recreation Empowering Kids™) is designed to work with parents, students, administrators, physical education, special education and classroom teachers, as well as other related service providers, to ensure equal opportunity for students with physical and developmental disabilities.

The TREK program helps students with disabilities develop skills across multiple domains through the process of assessment, goal development, and participation in goal-directed recreation activities.

**32 schools**

**290 students**

**1,472 visits**

**40,786 miles traveled**

“  
The activities were well-planned,  
accessible by all of our students, and  
easily adjusted when needed.”







“

Being a part of NEP has given me a new sense of freedom to do sports that I never dreamed that I could do.

# ADAPTIVE RECREATION

The Adaptive Sports and Recreation program offers a spectrum of service, from entry-level instruction to ongoing recreation. This program provides the appropriate level of support and challenge for clients of all abilities.

General Recreation

**117 events**

**236 participants**

Contracted Recreation

**60 contracted events**

**1466 participants**



## VETERAN RECREATION

Northeast Passage's Veteran Adaptive Sports & Recreation program offers local participation in popular activities aimed at increasing fitness, decreasing the impact of disability and offering healthy, supportive social settings. This program is open to Veterans and Active Duty Members of the Armed Forces of all eras, ability levels and disabilities, both visible and invisible.

**146 events**

**968 attendances**

**303 individuals served**

“

As a veteran with PTSD, getting out and participating in group events is hard. The atmosphere at NEP programs are very welcoming, absolutely one of the best programs in which I have participated.





“  
Conversations with teammates  
about our common challenges  
help me feel that I’m not alone...”

## COMPETITIVE SPORTS

The Northeast Passage *Tucker Center for All Athletes* offers team and individual competition opportunities for youth and adults with disabilities. Benefits of regular play include increased strength, endurance, confidence and independence. This comprehensive program fosters camaraderie, physical fitness and leadership opportunities for all involved.

All teams practice weekly throughout their respective seasons, compete in leagues, and travel regionally and nationally for games and tournaments.

**99 athletes**

**5 (UNH) Student Athletes**

**148 events**



# EQUIPMENT RENTALS

Northeast Passage's Equipment Rental Program is available to the public and makes it affordable to try before you buy, be a weekend warrior, gain skills, and be involved in more than one sport. Schools, camps, other adaptive sports organizations and community partners also leverage the equipment rental program to make their trips and activities more inclusive without the expense of owning and maintaining their own adaptive equipment.

Northeast Passage also offers equipment consult services, conducted by Certified Therapeutic Recreation Specialists (CTRS/L), to assist individuals in finding and correctly fitting adaptive equipment to their specific needs and abilities.

## Top Equipment Rental Categories in FY 23:

- Adaptive Cycles & Trikes
- Off-Road Wheelchairs
- Beach Wheelchairs

**234 rentals**

**47 equipment consults**

**538 pieces of equipment**



“

I ended up renting a bike for my dad and after he got home, he went out riding! The voicemail he left me was the first time I've heard him use the word "fun" since his amputation 4 months ago.

”



# SIMILARITY AWARENESS

Similarity Awareness provides an opportunity to explore the similarities we share, regardless of ability, and celebrates diversity, equality, and inclusion of individuals with disabilities through participation in wheelchair sports, discussion and Q & A.

This program is facilitated by Northeast Passage adaptive sports professionals and is appropriate for schools, colleges, camps and groups.

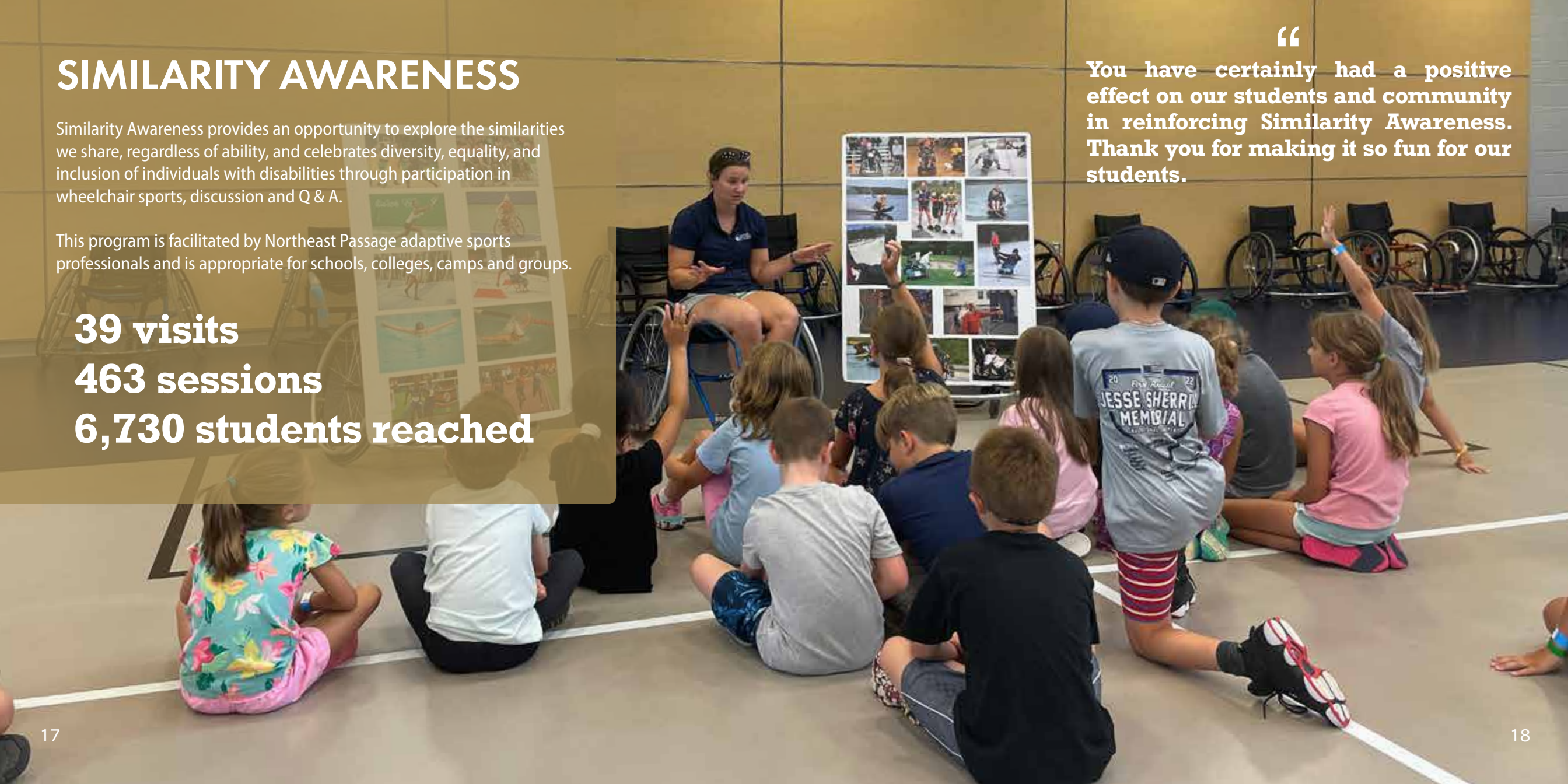
**39 visits**

**463 sessions**

**6,730 students reached**

“

You have certainly had a positive effect on our students and community in reinforcing Similarity Awareness. Thank you for making it so fun for our students.







## TEACHING & RESEARCH

We take pride in preparing the next generation of rec therapists at the University of New Hampshire through practical classroom and living lab teaching. We also conduct clinical research demonstrating the efficacy of our work and new advances in the field of Therapeutic Recreation. Students from the University of New Hampshire and beyond are welcome to join us for job shadowing and volunteer opportunities, tours of the office space, and practicum placements. We also accept student interns looking for an internship experience in therapeutic recreation under the supervision of one of our Certified Therapeutic Recreation Specialists (CTRS).

- 51 course labs taught**
- 36 guest lectures**
- 9 internships & practicums**
- 9 student workers**
- 88 student volunteers**

“

I knew very early on that I wanted to complete my internship at NEP, and I can't express how grateful I am that I had the opportunity to do so. Each of you are phenomenal mentors, therapists, and people.



# OUTREACH

Outreach events provide valuable exposure for Northeast Passage and promote innovation in the fields of adaptive sports and therapeutic recreation. Additionally, outreach introduces concepts like inclusion and accessible recreation to community members and helps potential clients and participants discover Northeast Passage and learn about which programs may be the most beneficial to them. Northeast Passage also has a long history of working with legislatures at the state and federal level to not only recognize the legitimacy of therapeutic recreation as a proven medical intervention but to also provide better access to adaptive sports and therapeutic recreation for populations that can benefit from these opportunities the most.

**25 events**



“

**We were so happy to have your equipment, expertise, and positivity to share with our participants...**



A photograph of a wheelchair basketball game in progress. Several players in blue and tan jerseys are on the court, some in motion. A digital scoreboard in the background shows 0:00 and 40. A referee in a black uniform is visible on the right.

**FY23 LEAD CORPORATE & FOUNDATION  
SPONSORS (\$10,000 & UP)**



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Grimshaw-Gudewicz Charitable Foundation

Homer Family Foundation

Little Harbor Charitable Foundation

[nepassage.org](http://nepassage.org)